



NovusWay Ministries

2049 Upper Laurel Drive, Arden, NC 28704
828-209-6302 ♦ fax 828-687-1600

Lutheridge Summer Camp

We are excited that your child will join us for a transformational camp experience this summer!

At camp, your child will have fun and

- find common ground with diverse friends
- grow in independence, discover gifts and talents, and practice new skills
- enjoy creative activities like games, songs, skits, and crafts
- encounter Jesus through relationships, music and worship!

We provide a safe environment where college-age counselors act as mentors and guides. They care for children and share their witness to the importance of God in their own lives. Our staff members are carefully screened, selected, and trained. We are VERY proud of them. If you'd like to know more about our staff training or risk management procedures, just ask! We are happy to share with you why the American Camping Association accredits our camps.



A great week of camp starts at home!

Here are some ways you can prepare your child for a successful week at camp:

1. Reassure- We make the camp experience as happy and worry-free as possible for both parent and camper. If your child is reluctant about coming to camp, keep your conversations with them calm and encouraging. Show every confidence that it will be GREAT. (It's true!) Talk over any fears or worries you may have and make a plan. Feel free to call us with concerns and suggestions.
2. Combating Homesickness- Missing home is normal, but it doesn't stop camp from being fun. Missing home and learning how to manage those feelings is an essential part of growing up. Camp is a GREAT place to do that. *Please do not tell your child you will come and get them if homesickness strikes!* Let your child know that you believe in their ability to take this vital step in being away from home and that you trust the camp staff. If you get a "missing home" letter from your child, you can call the camp grandma to ask how they are doing. The chances are that by the time you get the letter, things are great. If your child is not eating or sleeping well and is not engaged by Tuesday, a program director will call you.
3. Making Friends- Each camper may request only one or two cabin buddies. This way, everyone makes new friends. Counselors use fun and inclusive games and activities that give rise to genuine friendships. We train counselors on bullying issues, so they know how to take preventative action and address inappropriate behavior. Encourage your child to take the lead in including others and reaching out to anyone who may seem shy or quiet.



Camper Health Form Please use the health form found on the registration portal to tell us about needs or issues (divorce or death in the family, unable to swim, afraid of the dark, etc.) that will help us support your child in having the best camp week possible. Should your child need a special meal plan because of allergies, intolerances or a diagnosis (e.g., diabetes), note these on the form.

- You will need to upload a copy of a signed physical from your child's doctor.
- Once you have submitted your online health form, you cannot make corrections to it.

- Please call our office or email camperhealth@novusway.org if medical information changes for your camper.

Helpful Notes for Submitting Health Forms:

- A new health form is required for each year your child registers for camp.
- A physical exam within the last 12-18 months must be validated on the health form with a physician's signature or a physician-signed copy of the exam. A copy of a well-check visit is not acceptable unless electronically signed by a physician.
- If you completed an online health form last summer, your information will prefill for this summer. You only need to update it and submit a new doctor's physical.
- Please include immunization dates.
- Please keep a copy of the health form and any program waivers for your files.
- Per the American Camp Association guidelines, this form will be reviewed by our healthcare staff before your child arrives at camp.
- We are unable to access physical exams from previous years readily. However, you may attach a copy of last year's physical dated within 12-18 months of this year's camp week.
- We cannot admit campers without a completed and signed health form.

Showing up to camp healthy:

- If your child is showing signs of illness such as a fever, diarrhea, nasal drainage and/or coughing/sneezing, keep the child home and contact your camp director. This greatly reduces the spread of illness at camp but also supports your child's recovery.
- If your child has mental, emotional, or social health challenges, talk with a camp representative before camp starts. Proactively discussing a camp's ability to accommodate a child can help minimize – if not eliminate – potential problems.

Health Forms are due May 15th

What to Pack

Write your child's name on each article of clothing, towels, hats, etc.

- Sleeping bag & pillow

- 2-3 towels & washcloths
- Toiletries: Soap, shampoo (Tea Tree prevents lice), brush, comb, toothpaste & toothbrush
- Light jacket/sweatshirt
- Raincoat or poncho & headcover
- Shoes—2 pairs: sneakers with treads and closed-toe shoes. Closed-toed shoes are a safety requirement for walking around camp and hiking on the trail. Shoes that can get wet and dirty are best. Shower shoes or flip flops may also be helpful to include. Crocs are usually not the best choice for camp as many activities involve running.
- Sturdy clothes that can get dirty or wet
- Swimsuits (2)- Swimsuits will be used for activities like pool, slip n slide, water games, and possibly tubing or rafting. We recommend swimsuits that are functional for moving and playing and that offer excellent sun protection. Rash guards are welcome for every swimming activity.
- Cards, books, etc. for rest times
- Bible, notebook, pen or pencil
- Flashlight
- Water bottle (refillable)
- Insect repellent
- Sunblock
- Hand sanitizer
- Plastic trash bag (for wet/damp clothing)
- Camera (optional)



Outdoor Adventure Programs (OAP) require a few additional items: Backpacking

- Lightweight, packable sleeping bag
- Thin sleeping pad (optional)
- Sturdy, broken-in hiking shoes (either boots or sneakers with treads)

Rafting & Canoeing

- Quick-dry shorts
- Water shoes or sandals that have a heel strap

Rock Climbing & Tower Climbing

- Sturdy, comfortable shorts (not too short)
- Sturdy shoes for climbing (specialized climbing shoes are not necessary; runningshoes/ hiking boots work fine)

Please do not over-pack! Storage space in camper housing is limited.

What not to bring



One of the most significant gifts of outdoor ministry is being away from technology like TV, computers, video games, and, yes, CELL PHONES. Being present to ourselves, each other, and the natural world's beauty is a vital part of the fellowship at camp. The single biggest reason camp experiences are so intense and transformational is that we are away from such distractions. God often speaks through nature and community when we truly pay attention! Please do not allow or encourage your child to bring a cell phone to camp. If it is important to talk to your child during the camp week, please call the program director, and we'll make arrangements for that to happen.

- Alcoholic beverages, tobacco, and drugs that are not prescribed by a physician are not allowed on camp in possession of campers. Violation of this policy results in immediate dismissal. Transportation home will be at the expense of the parent/guardian.
- Food (snacks, gum, candy, or drinks) is not allowed in the cabins
- Hair dryers, curling irons, radios, tablets, video games or other electronic items
- Weapons of any kind, knives, firecrackers, or similar items are not allowed

Spending Money

The registration fee includes lodging, meals, evening canteen snacks, study materials, craft supplies, and program costs. However, campers may want money to use at the Lutheridge snackbar (open to Lutheridge

campers once weekly) and the Camp Store. Items range in price from \$2-\$40—the Camp Store stocks t-shirts, sweatshirts, souvenirs, etc. Parents are welcome to visit the Camp Store at drop off/pick up. You may send your camper with cash or you have the ability to add money to your camper's account either through online registration or by calling the registration office 828-209-6302. Any money left over at the end of your child's week of camp will be refunded to you (this process takes a few weeks).

Lost & Found

Lutheridge is not responsible for a camper's lost or damaged personal items. Our counselors give proper care to all camper belongings; however, items can find their way into the wrong suitcase. If you see something missing, please call 828-606-5684 and give any details to locate the missing items. We will donate to local charities any items unclaimed by September 1st.

Arrival / Departure Information



CHECK IN: SUNDAY 3:30-5:00 PM

Upon arrival at Lutheridge, speak with the roadside greeters for check-in information. No early arrivals please. Scheduled supervision of campers does not begin until 3:30. The Lutheridge Store is open on Sunday until 5:00 PM. If campers must arrive later than 5:00 PM, please call the program director (828-490-7472). Campers riding the shuttle from Lutheridge to Lutherock should arrive no later than 4:00 PM and meet on the benches in front of Efirid Hall.

CHECK OUT: FRIDAY 3:30-5:00 PM

Weeks will end with a closing program at 3:00 at the cross by the lake.* Parents are invited to attend while not sitting with their child. This is a chance for parents to get to experience some of what their children experienced at camp during the week. Please plan to park near the pickup area of your child and not in the lot beside the lake. After the program, all campers will walk back to their camper areas with their counselor. Sign out will happen in the areas - NOT AT THE LAKE. Medications will be picked up on the roadside as you leave camp. Scheduled supervision of campers ends at 5:00 PM. The Lutheridge Store will be open on Friday from 3:00-6:00 PM.

*Music and Arts week will end with a performance in the Faith Center at 2:00 PM, followed by pickup in camper areas at 3:30.

Directions to Lutheridge

GPS Address for Lutheridge Front Gate: 2511 Hendersonville Road, Arden, NC

From I-40, Eastern North Carolina (Greensboro, Hickory) and I-40, Tennessee (Knoxville)

- Take I-40 West to Exit #51 (Hwy 25A/Sweeten Creek Rd)
- Take Sweeten Creek Road South (left at the end of the ramp)
- Go about 6 miles to Hwy 25/Hendersonville Rd (major intersection with Walgreens on the corner across the street)
- Turn left onto Hendersonville Rd
- Lutheridge entrance is just a very short distance on the right

From I-26, South Carolina (Spartanburg, Columbia)

- Take I-26 West to exit 40 (the Asheville Airport Exit)
- Take a right at the end of the exit onto Airport Rd
- Travel approximately 2 miles to US-25 (Hendersonville Rd)
- Turn right onto US-25
- Lutheridge entrance is just a very short distance on the right

The Asheville Regional Airport is just a few miles from Lutheridge, where we can pick up or drop off your child if he/she is flying to camp. For information about our shuttle service to and from the Asheville Regional Airport, contact the Registration Office at registration@novusway.com or 828-209-6302.

Transportation during camp

During the camp week, most campers have an off-site outing (All activities for First Camp and Pioneers are on site). Transportation will be in a NovusWay owned or leased vehicle with a trained driver, and safety/emergency equipment is on board at all times.



Mail & Communication

Campers love getting mail! The best way to “send” mail is to write it ahead of time and drop it off at the office upon arrival. Please include the camper’s full name on the envelope. Our mailing address is at the top of the first page. If posting mail to your child, send it *before* their week begins to ensure its possible delivery. If you post mail during their week of camp, in most cases it will not reach your camper before they depart. Please don’t send gum, candy, or food.

We will send information regarding email communication before your camp week.

Phone Calls

Calls home promote homesickness much more than they help and can emotionally pull a camper away from the cabin group. We are working to promote independence and build community. Cellphones are not allowed because they take away from the authentic camp experience. If you need to speak with your camper during the week or if you have questions about this policy, a program director will be happy to make a plan with you. The Camp Grandma is also available to check on your camper and let you know how he/she is doing throughout the week. We’ll send her phone number before the camp week.

Thank you for sharing your child with us. Having fun and loving God go hand in hand, and camp is all about experiencing the abundant life that Jesus offers. We weave worship, praise, prayer, scripture—and loving each other—into all that we do. Our goal is that campers leave seeing God in everything and everyone.

Please feel free to call or email if you have any questions or concerns. We look forward to welcoming your child to summer camp!

God’s blessings,

Pastors Sara and Drew Yoos
Lutheridge Program Directors